



Curtis Park Times

Hi Neighbors,
Stephen Bennett, President

May 2025

Curtis Park Events

Curtis Park Connects
 1st May from 7-8:30
 Hope Communities
 2543 California St

Jazz in the Park
 2nd May from 5:30-7pm
 Nico Martinez

First Friday Jazz Hop
 2nd May from 5-12am
 Welton St venues

Weed Tree Removal
 3rd May at 9am
 University Prep
 2409 Arapahoe St

Seedling Swap
 10th May from 10-12
 Mestizo Curtis Park
 31st & Curtis St

CPN Board Meeting
 19th May from 6-7:30
 Redline Gallery

Curtis Park Connects
 5th June from 7-8:30
 Duets Tap & Grill

Spring is my favorite season in Curtis Park. I enjoy walking different routes around the neighborhood and seeing all the flowers in bloom. Life is a precious gift, and after a barren winter, it's inspiring to see the trees blooming and tulips emerging from the ground. Free community mulch is available at the corner of 29th & Stout for your gardening needs.

Curtis Park has gone through many iterations over its 140 year+ history, as Bill West has documented in his history column. Passionate neighbors who maintain historical homes, care for the gardens in Mestizo Curtis Park and Sonny Lawson Park, build community by planning events, and advocate for safer streets keep Curtis Park from falling into disrepair again.

Are you new to the neighborhood? Or are you a seasoned neighbor whose work or familial obligations have precluded you from being involved in recent years? Curtis Park Connects is a monthly gathering where neighbors can meet, share ideas and stay informed about local developments. It's a great opportunity to re-engage with the community.

May's guests include:

- Sharon Knight- Hope Communities
- Mercy Wright – Parks and Rec: MCP pool project update
- EDENS- VOA/Larimer and Lawrence St project update

Bring a camp chair, and your dancing shoes, to Sonny Lawson Park on the 2nd for our first "Jazz in the Park" of the season. Food will be available for purchase from the Little Bodega. After the park, take a stroll up Welton St to enjoy more live music at the Five Points BID's "First Fridays Jazz Hop".

Thank you too everyone that donated this past month, we appreciate the support. Your donations are crucial for maintaining our beautiful neighborhood and supporting community events. Donations can sent via Zelle directly to our bank account: (ryan@curtis-park.org), made via Square on our website, or checks mailed to:

Curtis Park Neighbors
 757 E 20th Street, Suite 370,
 PMB 231,
 Denver, CO 80205



Curtis Park Seed Swap

May 10th
 10 am - 12 pm

Bicycle Equals Joy

Looking to bring more happiness into your life? Read on!

Five years ago, I sold my beloved pickup truck and bought an awesome electric cargo bike for grocery store trips and errands around town. It's revolutionized our lives! Here's my quick list for why you should, too.

Save your money! My initial spend has been paid back easily, saving thousands of dollars each year. You never have to worry about parking, and "parking" is always free!

E-bikes are good for your health! You'll end up exercising more, which feels great. Ride through traffic, don't just sit in it. It's way less stressful than driving, even year-round. Bicycling combats climate change: Zero emissions! JOY! You'll feel more connected with your local community and nature. On a bicycle, you can wave to your neighbors and literally smell the flowers.

With electric assist bicycles, you don't care how far you go, how much stuff you're carrying, or what tasks you can accomplish - it's all more in reach.

Heads up: The next Denver e-bicycle rebate launches May 27th. Let me know if you'd like to chat about all this, brainstorm how to get started, see the math on how we've saved thousands of dollars, or just make a new friend in the neighborhood!

Happy bicycling!



Healing with Trees How Trees Heal You- and Keep You Healthy

In a pioneering study in 1984, researchers found that patients recovering from gall-bladder surgery recovered more quickly, had fewer postoperative complications, and needed less pain relief if their rooms looked out onto trees rather than a brick wall.

Since then, evidence like this has increased steadily. There is now a robust body of research showing that trees, especially an abundance of trees, not only promote healing, they enhance immune defenses that help to protect against chronic diseases.

Which brings us to forest bathing. Forest bathing, also known as shinrin-yoku in Japan, where it is widely practiced. Forest bathing is little more than a quiet, attentive walk in the woods. In addition to decreasing stress hormones and engaging the parasympathetic nervous system to promote relaxation and calm, recent research also demonstrates that it activates our immune system in remarkable ways. Forest bathing can enhance natural killer cell activity, a key component of the immune system that helps fight off cancer and viruses. Spending time in a forest can increase the number and activity of natural killer cells circulating in your body, and the increase can last for several days or even weeks after the visit. This boost in natural killer cell activity is thought to be due to volatile organic compounds released by trees.

So where can you forest bathe in the Denver area? A trip to the mountains, of course. Closer to home a day hike in Lair O' the Bear is a good option. A short walk in City Park might do the trick. Or how about a few leisurely loops around and through



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Hope Communities Welcomes Curtis Park Neighbors to Their Headquarters for May 1st Curtis Park Connects



*Hope Communities,
2543 California St*

Hope has offered to make their community room available for future Curtis Park Connects monthly updates. A little bit about Hope Communities, based in Curtis Park, at 2543 California St., Hope Communities was founded in 1980 by a group of concerned citizens, troubled by the growing number of their friends and neighbors who were unable to advance economically due to, among other barriers, a lack of safe, affordable housing. Hope Communities has been directly involved in the creation of thousands of units of affordable housing in Denver over the years. Come learn more about this wonderful organization, and hear more neighborhood updates, on May 1, 7:00 pm.



We Fund Culture.
SCFD

SCFD Free Days

- Denver Museum of Nature & Science
 - Mon. May 12th
- Denver Art Museum
 - Tues. May 13th
- Forney Museum of Transportation
 - Mon. May 26th

Curtis Park Studio & Workshop

Tour the Studio of Sam McNeil on-
May 17



Join your neighbors for a behind-the-scenes tour of the sculpture studio and workspace of Sam McNeil at Superior Iron Works, 2630 Arapahoe St. Sam started welding in high school and began his welding career as a welding instructor for Emily Griffith Opportunity School where he taught since 1979. Sam always had a desire to create his own custom hand-made designs and outdoor furniture using recycled material and things found in alleys and at garage sales. Materials that are otherwise headed to scrap yards and landfills.

Saturday, May 17, 2025 4:00-6:00 pm
Superior Iron Works Plus 2630 Arapahoe St. Please wear closed toe shoes as this is a working space. Please RSVP by May 9th to gerald-horner@gmail.com

Large Trash Item pick-up



Next pick-up
May 22nd



May 1st, 15th &
30th

EVENTS

AT THE

SAVOY
2700 Arapahoe



For tickets and info, visit:
www.savoydenver.com/events

Theatre Artibus Presents:
The Sala Project: Echoes of
Curtis Park
May 8th-11th and 16th-18th



Join Alma on a tour of the historic Savoy Denver — until a mysterious radio crackles to life and a cosmic DJ hijacks the airwaves, guiding her through decades of Latin and Chicano/ a history in Denver's Curtis Park neighborhood.

From Abuela's kitchen to Sacred Heart Church and into the beating heart of Mestizo-Curtis Park, experience a celebration of culture, connection, and belonging.

Echoes of Curtis Park was developed through recorded interviews, written correspondence, and story circles with former and longtime Eastside residents.

The Sala Project was created by the core team of Lisa Hori-Garcia, Debra Gallejos (a founding member of Su Teatro), and Theatre Artibus. The production features an ensemble of local Latine actors — some with family roots in Curtis Park — who bring these histories to life.

For tickets and info: theartibus.com

MAS Presents: Kaleta and the Super Yamba Band
Thursday, May 15th
7:00PM 10:00PM



Kaleta & Super Yamba Band blend Afrobeat, funk and West African rhythms into electrifying performances, led by Benin-born guitarist and vocalist Kaleta, who toured with legends like Felt Kuti and King Sunny Ade. Their critically acclaimed album *Médaho* and high profile performances at the Apollo Theatre and Adult Swim's Fishcenter Live have cemented their reputation as a modern Afrobeat powerhouse. For tickets visit maspresents.org

MAS Presents: Camila Meza
Thursday May 22nd
7:00PM 10:00PM

On the heels of her performance at Carnegie Hall, Chilean guitarist, singer, and songwriter Camila Meza will deliver an intimate concert that will leave audiences entranced. Blending her South American roots with innovative jazz sounds, Camila creates a captivating musical experience that has earned her two Independent Music Awards, an appearance on NPR's Tiny Desk Concerts, and the title of "#1 Rising Star Female Vocalist" by DownBeat Magazine. For tickets and info., visit maspresents.org



Resources

Denver City Government

www.DenverGov.org, or call 3-1-1

Blair-Caldwell Library

2401 Welton Street, (720) 865-2401

Denver City Council D9

Darrell Watson, (720) 337-7709

district9@denvergov.org

At-Large

Councilwoman Sarah Parady

ParadyAtLarge@denvergov.org

(720) 337-7712

Councilwoman Serena Gonzales-Gutierrez

GonzalesGutierrezAtLarge@denvergov.org

(720) 337-7713

Denver Public Schools

(720) 423-3200, www.DPSK12.org

Community Advisory Board Mtgs.

District 2 Community Advisory Board

1st Wed. of the month 6pm

3921 N Holly Street

D6 Community Advisory Board

3rd Thursday of the month @ Noon

1566 N Washington Street

DOTI ROW

(720) 913-1720

Abandoned Vehicles

(720) 865-0471

Police Non-Emergency:

(720) 913-2000

Dist. 2 (north 25th Street) CRO:

Hana Ruiz (720) 913-1089

hana.ruiz@denvergov.org

Dist. 6 (south 25th Street) CRO:

Kayla Knabe (720) 913-2908

kayla.knabe@denvergov.org

Park Ranger 303-331-4050

Elected RTD Representative

Michael Guzman, (720) 252-4961

michael.guzman@rtd-denver.com

Trash Pickup - Overflow Pickup

The next Large Item Pickup is

May 22nd

Xcel Energy

Electric Emergency/Power Outage

(800) 895-1999

Gas Emergency / Gas Odor

(800) 895-2999

To report non-permitted exterior work to Landmark email: abigail.Christman@denver.gov or call (720) 865-2908

Short Term Rental Enforcement

Brian Snow (720) 865-2750

Jazz in the Park

We are thrilled to welcome back Danette Hollowell and the Good Guys to our Jazz in the Park Series June 6, 5:30,-7pm, Cousins Plaza - Sonny Lawson Park, 2401 Welton Street. Her passion for jazz shines through in every performance which touches audiences of all ages! There will be food trucks and entertainment for the kids in the children's play area. See you there!



Thinking of Buying or Selling? Call John, Your Curtis Park Real Estate Expert. Broker Assoc. Kentwood City Properties



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Neighborhood Resources

CurtisPark.org

Provides a wealth of information: History of CP, info in Curtis Park Neighbors, info for ALL homeowners in the historic district, home alterations, ADUs, home styles, tax credits, and a very comprehensive resource list of special products, services, links, and so much more!

Curtis Park Neighbors on Facebook

www.facebook.com/groups/curtispark/

Curtis Park Neighbors "Announce" Group

Just the basics! We encourage everyone to join this e-mail group. Receive the Curtis Park Times & special announcements. To join, send an email to: Curtis-Park-Neighbors-Announce+subscribe@googlegroups.com

Curtis Park Neighbors "Notices" Group

Super detailed! Receive all of the notices that City and other organizations send to Curtis Park Neighbors. Zoning notices, liquor license applications and Landmark Preservation Commission meetings come through here. To join, send an email to: CurtisParkNeighbors+subscribe@googlegroups.com

Curtis Park Design Review Committee

Thinking about building an ADU? Does your home need new windows or are you considering exterior modifications? Most buildings within Curtis Park are subject to Design Review. Please email: cpn-design-review@googlegroups.com with questions about the design review process.

Curtis Park Neighbors is an officially incorporated non-profit neighborhood organization bringing our neighborhood together to share in preserving the past and future of Curtis Park. We welcome all neighbors in Curtis Park and encourage participation in Curtis Park Neighbors and in the life of the community. Please pass along this newsletter and bring a neighbor to the meetings!

The spirit of the *Curtis Park Times* is to communicate information about topics and concerns of our neighborhood. The opinions expressed do not necessarily reflect the views or policies of Curtis Park Neighbors. To provide newsletter articles or place advertising, contact us at cpn-newsletter@googlegroups.com or (720) 273-0623. The next newsletter deadlines are May 24th for ads, and articles.

Special Thanks To

Randy Vetter, Gerald Horner, Robin Hobein, and Stephen Bennett, and for newsletter content. Thanks to Therese Rasmussen for coordinating newsletter distribution, and many thanks to neighbors assisting with newsletter deliveries.

CPN Board of Directors

Stephen Bennett (President), Gerald Horner (Vice President), Ryan Hutten (Treasurer), Scott Filiczowski (Secretary), Anne Barkis, Lynne Brown, Sarah Carpenter, Rose Cisneros, Eileen Feltman, John Hayden, Joel Noble, Josh Pauletic, Keith Pryor, Jessica Tamulski, Andrew Warshauer

Contact the CPN President by writing to: stephen@curtispark.org or Write the CPN Board at curtis-park-neighbors-board@googlegroups.com.