



Happy Spring!

Jeff Baker, CPN President

As predicted, the warm weather left us for a bit in February, and the month delivered quite a bit of snow in the mountains and down here on the plains. Many may be sick of the snow, but we need the precipitation to fill our reservoirs for summer and to hopefully reduce some fire danger in Colorado's high country. Remember March is one of our heaviest precipitation months and much of that comes with snow, but after that the renewal of life begins.

Thanks to everyone who participated in last month's Ice Fest! Thanks to the volunteers and donors who contributed to the event! Thanks to John Hayden and Keith Pryor, who are the organizers of this event and others, and if you missed

this one, stay-tuned for the next Curtis Park family event.

At this month's General Meeting on March 5th, we will have Denver District Attorney, Beth McCann speaking with us. We will also have a presentation from El Sistema Colorado. See write-up below for information about our new neighbor in the King Trimble Community Center. We'll end the meeting with a community roundtable, and giveaway. Please come and join us and get engaged with your neighbors in our wonderful community!

Thanks to all who contribute to make our neighborhood more neighborly, safe, and enriched! Happy spring Curtis Park!

Curtis Park Neighbors Meet Thursday, March 5, 2020

United Way, 711 Park Ave. West
(Enter from parking lot at "CoBank" sign)

6:30 p.m. Police Update & Briefing

7:00-8:30 p.m. Main Agenda

1. Intros and meet your neighbors-10 minutes
2. Denver DA's office-Beth McCann-45 minutes
3. El Sistema at King Trimble-20 minutes
4. Roundtable and prize giveaway-10 minutes

Please Support CPN

Please consider a donation to support the Curtis Park Neighbors and this newsletter. You can make your tax deductible contribution online by visiting squareup.com/store/CurtisParkNeighbors.

Next CPN General Meetings

April 2nd, 2020

7:00-8:30, Police update at 6:30

CPN Board Meeting

Mon. Apr. 16th, 6:00 - 8:00 p.m.

2543 California St, Open to all

2020 Curtis Park Home, Garden and ADU Tour

We are looking for homeowners interested in showcasing their house, garden or accessory dwelling unit (ADU) on the 2020 Curtis Park Home, Garden and ADU Tour.



This awesome event will be on September 12th and 13th 2020. If you are interested in participating in this event, please contact Pat Romero at pat1romero@yahoo.com.

ADU4U
YOUR MODERN CARRIAGE
HOUSE BUILDER

Thinking of building an ADU?
Contact us to discuss your
dream project.

youradu.com
970-759-4023

El Sistema Colorado is thrilled to be a new Curtis Park Neighbor!

Whitney Stuberg

In October 2019, El Sistema Colorado (ESC) began programming in the King Trimble Community Center and is thrilled to be partnering with the Curtis Park community at their first hub location. ESC is an intensive after-school music program focused on using the music ensemble to teach students valuable life skills through the joy of music. Launched in 2012 in three partner schools - Bruce Randolph Middle & High School, Swansea Elementary, and Garden Place Elementary - ESC's goal is to provide Denver's access-challenged youth with the tools to create healthy futures by providing the skills, grit, and resilience through music practice and ensemble. ESC is part of the global El Sistema movement that began in 1975 in Caracas, Venezuela. Currently, El Sistema inspired programs serve over one million youth worldwide, using music as a vehicle for social change to promote equity, instill resilience, and shift the trajectory of under resourced children and youth.

ESC teaches pre-kindergarten through 12th grade students life skills using the music ensemble offering both choir and string instruments (violin, viola, cello, and bass). Programming is available five days a week, Monday through Friday, and is completely free for families. Each student receives a free instrument for the entirety of the program and has the opportunity to perform several times a year across the city. Are you interested in getting involved or learning more about enrolling your child?

Call Program Manager, Christian Gal-damez at 303-953-0063 or email questions to their email address: info@elsistemacolorado.org. Visit our website for more information: www.elsistemacolorado.org

Tree Therapy

Thomas Lucas

Imagine it's late July, mid-day and the temperature is nearing 96 degrees. The sun is high in a cloudless sky. The heat is oppressive and unrelenting. You're walking along one of Denver's main thoroughfares. You gaze ahead and there's nothing but concrete and asphalt as far as the eye can see, with a lone tree scattered here and there. Within just a few blocks your energy level begins to wane. You feel tired, uncomfortable, slightly irritable even- and you regret not having taken the car.

Then you turn the corner onto a tree-lined street. The canopy is dense, sunlight filtering through the leaves. The varied shades of green are pleasing to the eye and it's noticeably cooler. Immediately, your mood improves; you feel more relaxed, calmer. Your enthusiasm for the walk returns, along with your energy level. You could walk faster, but you don't. It's just too darn nice!

Such is the impact of trees on the human psyche. And over time the presence of trees in the urban landscape is known to produce lasting benefits to our health and well-being, both physical and mental.

As noted in a previous article, a view of trees can help patients recover from surgery more quickly and with less pain medication. A view of trees has also been shown to reduce diastolic blood pressure and stress. Residents of tree-lined communities report

they feel healthier and have fewer cardio-metabolic conditions than their counterparts. Planting mature trees in front of a school yard has been shown to improve air quality, which in turn increased immune system functioning and lowered inflammation among members of the school community. Conversely, the death of ash trees caused by a beetle infestation has been associated with increases in cardiovascular and respiratory illness in counties across the United States.

The presence of trees and green space also promotes emotional and psychological well-being. Among adults, trees and greener environments are strongly linked to reduced negative thoughts, reduced symptoms of depression, improved moods, and increased life satisfaction. Teenagers who live in areas with lots of trees and other natural vegetation are less likely to display high levels of depressive symptoms.

I could go on, but I'll leave you with this: One study that tried to quantify the overall health effect of trees concluded that "having 10 more trees in a city block, on average, improves health perception in ways comparable to an increase in annual personal income of \$10,000... or being 7 years younger." Are you convinced?

Community Forester Training Program

The Park People and Denver Parks & Recreation are again partnering to host the Community Forester program—a fun and informative five-workshop series that will teach participants about trees and prepare them to act as stewards of our urban tree canopy. The Tree Committee is encouraging anyone interested to apply for these classes. They are excellent! The classes cover Trees 101; Tree Planting & Health; Pruning; Identification & Inventory; Volunteer Leadership & Community Engagement.

Class meets once per month beginning March 14, 9:00 am - 1:00 p. m. Deadline for registration is March 4th. Call The Park People to register: (303)722-6262.





COFFEE, TEA & WINE LOUNGE

- ☑ Meeting Space
- ☑ Free WiFi
- ☑ Free Covered Parking
- ☑ Coffee, Loose Leaf Tea, Gelato,
- ☑ Craft Beer & Wine, Gourmet
- ☑ Sandwiches & More

M-F: 6am 10pm
Sat: 7am 10pm
Sun: 7am 6pm

(Welton & 27th Street)
710 East 26th Avenue
Denver, CO 80205

QUEEN CITY
COLLECTIVE COFFEE

**HEY NEIGHBOR!
BRING IN THIS COUPON FOR
\$1 DRIP COFFEE**

SEE YOU SOON AT 2962 WELTON ST.

Art Exhibit at Coffee at The Point

SANKOFA will be on display at Coffee at The Point from February 1st - March 31st celebrating Black History and Women's History through the art of our youth and community artists at Coffee at The Point. Along with serving delicious food and drinks, Coffee at The Point displays the art of local artists.

The theme chosen for the next two months, February (Black History Month) and March (Women's History Month) is Sankofa. Sankofa is a symbol of a bird with its head turned backward plucking an egg off its back. This symbol is used by the Akean people of Ghana to express the importance of reaching back to the knowledge gained in the past bringing it into the present in order to learn. "You must reach back to redeem that which is lost in order to move forward".

Denver artist Adri Norris is working with the students from the Conservatory Green Middle School, a DSST Public School in Denver, to develop art pieces to show for these two months. History Teacher Amer Randell, embraced the Sankofa theme as a way to make history come alive for the students and hired Adri to make that happen. Several local artists will also show their thoughts through art around the theme of Sankofa along with poetry of local writer and organizer, Niyankor Ajuaj. Niyankor came up with the Sankofa theme for this show.

Community Open House

Planning Better Ways to Travel in Central Denver

Denver is planning to improve how people travel by bike, bus, car and on foot in Central Denver. This is part of the city's commitment to building 125 miles of bike lanes by 2023 and its first public meeting to look at maps and give your input. Curtis Park is in the Central Community Network which extends from the Auraria campus through downtown and to Colorado Blvd. It includes Five Points, Cole, Clayton, Whittier neighborhoods.

Join us Tuesday, March 10th, 5:30-7:30pm, Manual High Cafeteria, 1700 E 28th Ave.



Thinking of buying or selling in Central Denver?

Call John Hayden,
your neighbor and Curtis Park expert!
303.297.3994
jhayden@kentwoodcity.com
www.curtisparkhomes.com



Because the health of our community is the life of my business

Broken Glass - Broken History

Bradley Joseph

Pastor Bob Woolfolk of the Historic Agape Christian Church is seeking community support and assistance for the historic landmark located in



Curtis Park at 2501 California St. The stained glass window on the California St. side was broken due to a thrown rock. It is urgent to restore these windows to ensure the neighborhood landmark and all its community services it provides is sealed up from the weather. Agape has secured funding from History Colorado's State Historical Fund for approximately \$40,000 to repair the stained glass windows, but Agape needs to provide a cash match of \$9,000.

Agape needs your support to fulfill this cash match! To date, Agape has raised \$5,500 and are \$4,000 away from their goal. Please consider donating via this link at CurtisPark.org/donate and tell us it's for the 'Agape Restoration' in the notation on the donation page.

You can also mail or drop off a check made out to "Curtis Park Neighbors" to our treasurer Ben Mendenhall at 2438 Tremont Place, Denver, CO 80205.

SCFD Free Days

Denver Art Museum
• Sat. March 7th

Denver Botanic Gardens
• Sun. March 22nd



Resources

Denver City Government
www.DenverGov.org, or call 3-1-1

Blair-Caldwell Library

2401 Welton Street, (720)
865-2401
Mon./Wed.: Noon – 8 p.m.
Tue./Thu./Fri.: 10 a.m. – 6 p.m.
Sat.: 9 a.m. – 5 p.m.

Denver City Council District 9

Candi CdeBaca, (720) 337-7709
candi.cdebaca@denvergov.org
Elbra M. Wedgeworth Municipal
Building
2855 Tremont Place, Suite 201

At-Large

Councilwoman Robin Kniech
Robin.Kniech@denvergov.org
(720) 337-7712
Councilwoman Debbie Ortega
Deborah.Ortega@denvergov.org
(720) 337-7713

Denver Public Schools

(720) 423-3200, www.DPSK12.org

Homeless Outreach

Police non-emergency: (720) 913-2000

Mayor's Neighborhood Liaison

Shawn Johanson, (720) 913-1311
Police

Emergencies: Dial 911
Non-Emergency: (720) 913-2000

Dist. 2 (north 25th Street) RSO:

Hana Ruiz (720) 913.1089
hana.ruiz@denvergov.org

Dist. 6 (south 25th Street) RSO:

Teresa Gillian (720) 913-2908
teresa.gillian@denvergov.org
Austen Munson (720) 913-2906
austen.munson@denvergov.org

Elected RTD Representative

Shontel Lewis, (720) 935-8284
shontel.lewis@rtd-denver.com

Trash Pickup - Overflow Pickup

The next Large Item pickup is
Wednesday, March 25th
For free appliance collection, call
800-479-4159.

Xcel Energy

Electric Emergency/Power Outage
(800) 895-1999

Gas Emergency / Gas Odor

(800) 895-2999

To report non-permitted exterior work
to Landmark email: abigail.Christman@denver.gov.org or call
(720) 865-2908.

Short Term Rental Enforcement
Brian Snow (720) 865-2750

Michael William Herrera

Feb. 10, 1924 - Jan. 30, 2020

Michael William Herrera founded the long-standing Curtis Park/Denver staple, La Fiesta, in 1964. Mike passed away, on January 30th. Born to Miguel and Nemesia Herrera in Lucerne, Colorado. He was a Sergeant and a member of the Air Force and honorably discharged in 1946. While in the service, he was the armed forces amateur boxing champion. He attended the University of Denver graduating with a bachelors, masters, and law degrees. He started his career working full time for the City and County of Denver in the assessor's office. He was a broadcaster for Colorado's first Spanish-speaking radio station, KFSC-AM. Not only did he start La Fiesta, he had other businesses in Denver including, El Papa Gallo Night Club, AAA Tax and Business Service along

with Casa Herrera grocery store and La Botella liquor store. He enjoyed laughter and enjoyed the sport of boxing. He was a wonderful father, grandfather, and mentor. He leaves behind a rich legacy of personal and professional accomplishments but none greater than the love for his family. Michael is survived by his Children; Carol Ann Knapp (Roger), Robert Herrera (Marilyn), Richard Herrera, Ronald Herrera and Deborah Ornelas (Manuel). Fourteen grandchildren and eight great grandchildren. Sister, Phyllis Castillo and friend, Peggy Hall. Michael is preceded in death by his son, Randolph. His son, Robert, continues to run operations at the restaurant and remembers his father as a hardworking, good businessman who was a pioneer in his time.

Neighborhood Internet Resources

Curtis Park Neighbors on Facebook
[www.facebook.com/groups/curtisparke/](http://www.facebook.com/groups/curtisparke)

Curtis Park Neighbors "Announce" Group

Just the basics! We encourage everyone to join this e-mail group. Receive the Curtis Park Times & special announcements. To join, send an email to: Curtis-Park-Neighbors-Announce+subscribe@googlegroups.com

Curtis Park Neighbors "Notices" Group

Super-detailed! Receive all of the notices that the City and other organizations send to Curtis Park Neighbors. Zoning notices, liquor license applications, etc. all come through here. To join, send an email to: CurtisParkNeighbors+subscribe@googlegroups.com

Curtis Park Design Review Committee

Receive updates on new development and building modifications under review by the Denver Landmark Commission. To join, send an email to: cpn-drc-announcements+subscribe@googlegroups.com. Questions about projects, email Keith Pryor: KPryor13@gmail.com.

DHA / Curtis Park Community Advisory Committee

Provide feedback and guide the Denver Housing Authority's plans for their property holdings in the Curtis Park area. Write to: CPN-DHA-CAC+subscribe@googlegroups.com

Curtis Park Safety and Security Group

Collaborate on finding solutions to current and long-term safety and security topics in the neighborhood. Write to: cpn-security+subscribe@googlegroups.com



Curtis Park Neighbors is an officially incorporated non-profit neighborhood organization bringing our neighborhood together to share in preserving the past and future of Curtis Park. We welcome all neighbors in Curtis Park and encourage participation in Curtis Park Neighbors and in the life of the community. Please pass along this newsletter and bring a neighbor to the meetings!

The spirit of the *Curtis Park Times* is to communicate information about topics and concerns of our neighborhood. The opinions expressed do not necessarily reflect the views or policies of Curtis Park Neighbors. To provide newsletter articles or place advertising, contact us at cpn-newsletter@googlegroups.com or (720)273-0623. The next newsletter deadlines are March 17th for ads, and March 21st for articles.

Special Thanks To

Lynn Brown, Bradley Joseph, Whitney Stuberg, Thomas Lucas and Jeff Baker for newsletter content. Thanks to Hope Communities and Mile High United Way for donating our meeting space, to Therese Rasmussen for coordinating newsletter distribution, and many thanks to neighbors assisting with newsletter deliveries.

CPN Board of Directors

Jeff Baker (President), Patti Smith, Ben Mendenhall (Treasurer), Paul Davidson, Robbie Hobein (Secretary), Andrew Spinks, Ryan Cox, Beth Bianchi, Lindsay Schneider, Lindsey Sullivan and Randy Vetter. Contact the CPN President by writing to: jeffbakercurtisparke@denver.gov or call (970) 759-4023. Write the CPN Board at curtis-park-neighbors-board@googlegroups.com.